

# need something fun, free and social to do?

What is the activity?	When does it run?	Who can be involved?	How do I join?
<p>Social Space Online—an <b>online chill space</b> to hang out, play games or get involved in simple, relaxing activities. Run by headspace Craigieburn staff and Young People</p> <p>Email: headspaceCraigieburnCommunity@orygen.org.au</p>	<p>Every <b>Tuesday and Thursday</b> 4pm-5pm</p>	<p>Anyone aged 12 –25</p>	<p><b>Email Megan</b> at using the headspaceCraigieburnCommunity@orygen.org.au address with your name and the date that you're interested in</p>
<p>Reclink is <b>movement based programs</b> that run every day! You can find more on the Reclink Facebook page or see the attached flier</p>	<p>Every <b>weekday</b>, pretty much all day!</p>	<p>Anyone—just follow the link to join</p>	<p><a href="https://bit.ly/38cDej3">https://bit.ly/38cDej3</a></p>
<p>Hume Youth Services Connect is an <b>online space to meet and chat with Hume Youth Services staff</b></p>	<p><b>Wednesday 25th August</b> 4pm-5pm</p>	<p>Any young people in the Hume region aged 12-18</p>	<p><b>Register</b> here: <a href="https://www.eventbrite.com.au/e/connect-tickets-168062047107">https://www.eventbrite.com.au/e/connect-tickets-168062047107</a></p>
<p>Kid X Plus an online event where you can hear <b>young people</b> (9 – 23 years of age) give <b>short talks on the BIG topics</b>, like education, the environment, community participation, gender equality, mental health and much, much more!</p>	<p><b>Saturday 28th August</b> 9.45am-1.45pm</p>	<p>A n y o n e , follow the link to join</p>	<p><b>Join the Zoom:</b> <a href="https://us02web.zoom.us/j/83366397585?pwd=bE12T2xGdk0xcTFmWHp6OEtzWENPUT09">https://us02web.zoom.us/j/83366397585?pwd=bE12T2xGdk0xcTFmWHp6OEtzWENPUT09</a></p>

# (online) Social Space!

4-5pm Tuesdays and Thursdays (on Zoom)

Registration essential:

email your full name and the date you'd like to attend to:

headspaceCraigieburnCommunity@orygen.org.au

with the subject: Social Space

**safe, inclusive fun space for  
anyone aged 12-25 to unwind**



## Join Hume Youth Services at the online Connect session!

- ? Are you looking for something to do after school?
- ? Are you between the ages of 12 to 18?
- ? Do you live, work or play in Hume?

Come join us at the online Connect session via Zoom on **Wednesday 25 August 2021**, from **4 pm to 5 pm!**

**Register via Eventbrite!** There are limited spaces available.

<https://www.eventbrite.com.au/e/connect-tickets-168062047107>

You will get to:

- 👋  Meet our friendly youth workers!
- 😊  Chat to other young people!
- ?  Ask our youth workers where to get support!
- Participate in fun activities!

# KID X PLUS

Small talks on BIG topics!

**SAT 28 AUGUST**

**9:45 AM – 1:45 PM**

**VIA ZOOM**

Come hear what young people have to say about some of the biggest issues in the world today.



Kid x Plus has been funded by a Hume City Council Partnership Grant

Join Kid X Plus: <https://us02web.zoom.us/j/83366397585?pwd=bE12T2xGdk0xcTFmWHp6OEtzWENPUT09>

## ONLINE & INTERACTIVE

**WEDNESDAY 09:15AM**  
Gentle Exercise with Angie



**WEDNESDAY 10:00AM**  
DanceFit with Sophia



**WEDNESDAY 11:00AM**  
Fitness with Tammy



**WEDNESDAY 11:45AM**  
Pilates with Elaine



**WEDNESDAY 12:45PM**  
Chat with Fo



**WEDNESDAY 01:00PM**  
Tai Chi with Phil



**WEDNESDAY 02:00PM**  
Meditation with Karen



**WEDNESDAY 03:00PM**  
Zumba with Nina



**WEDNESDAY 04:00PM**  
Bollywood with Hith



Join Reclink: <https://bit.ly/38cDej3>